

Daily Behavior Record Procedures

1. This is designed to be used over the course of 1 week to determine if patterns of challenging behavior emerge.
2. This tool can also be used to identify times and activities that are not associated with challenging behavior.
3. This tool can be used over longer periods of time or with specific care providers over a limited time.
4. Records should be kept each day for one week. Try to keep all interactions and environments as typical as possible for best assessment results.
5. “How often?” is an optional code if you want to note the frequency of a behavior.
6. “Activity involved” relates to an antecedent (e.g. asked him to get dressed, staff member busy filling out paperwork)
7. “Problem behaviors” should be noted as observable (e.g. throwing toy, biting hand. See the “Observable Behavior Worksheet” for further information.
8. “What did you do about the behavior?” relates to the consequence after the behavior (e.g. time-out, social story)
9. If the observed individual has a communication system, use the sheet that has “What communication occurred?” and note the communication and an A, B, or C to note if the communication occurred during the antecedent (A), with the behavior (B), or after the behavior (C).
10. After the week note patterns related to problem behavior (e.g. always between 8-9:30 a.m., whenever asked to turn TV off, usually after asking for Sam)
11. Try to identify possible functions of problem behavior related to the A-B-C contexts.
12. Design intervention based upon data to prevent challenging behavior.
13. Record for more time or repeat when problem behavior reemerges.